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Budget cuts could cost 50,000 jobs: Report

More than 50,000 federal jobs could disappear by the time the Conservatives finish budget-cutting, with the resulting loss of services felt most by aboriginals, seniors, low-income earners and other vulnerable Canadians, an Ottawa think-tank predicts.

The Canadian Centre for Policy Alternatives (CCPA) report looks at previous cuts by the Harper



► Tony Clement is spearheading the government's review to identify budget savings.

government and estimates the impact of the 2010 personnel cost freeze and the 2011 Strategic and Operating Review. The review announced in the 2011 budget aims to cut \$4 billion a year in federal spending.

It's not clear where the cuts will be made, but based on departmental projections, CCPA senior economist David Macdon-

ald estimates 50,000 to 60,000 federal public-service jobs or private-sector jobs funded by Ottawa will be gone by 2014.

When all cuts are implemented in two years, total annual federal spending will fall by \$7.82 billion, the report says. If the cuts come exclusively from government jobs, federal employment (excluding RCMP and military personnel that have

been declared off limits) would fall 20 per cent to 225,000 positions, Macdonald estimates.

Under that scenario, Ottawa-Gatineau would shed 22,400 jobs. But Macdonald says the cuts are unlikely to be absorbed only by federal public service. He says Ottawa will likely split cuts between jobs and federal funding transfers.

TORSTAR NEWS SERVICE

16.5-million reasons to smile

► Barrhaven woman posted thank you video to Justin Bieber for supporting her cause

Now that Justin Bieber tweeted to Ottawa's Hélène Campbell over the weekend, the 20-year-old is wondering what to do next with her organ-donation awareness campaign as she waits for new lungs in Toronto.

On Saturday morning, the Biebster tweeted "@alungstory i got the word.... you have amazing strength. i got u. #BeAnOrganDonor" to Campbell, followed later by "help spread the word for @alungstory alungstory.ca #BeAnOrganDonor."

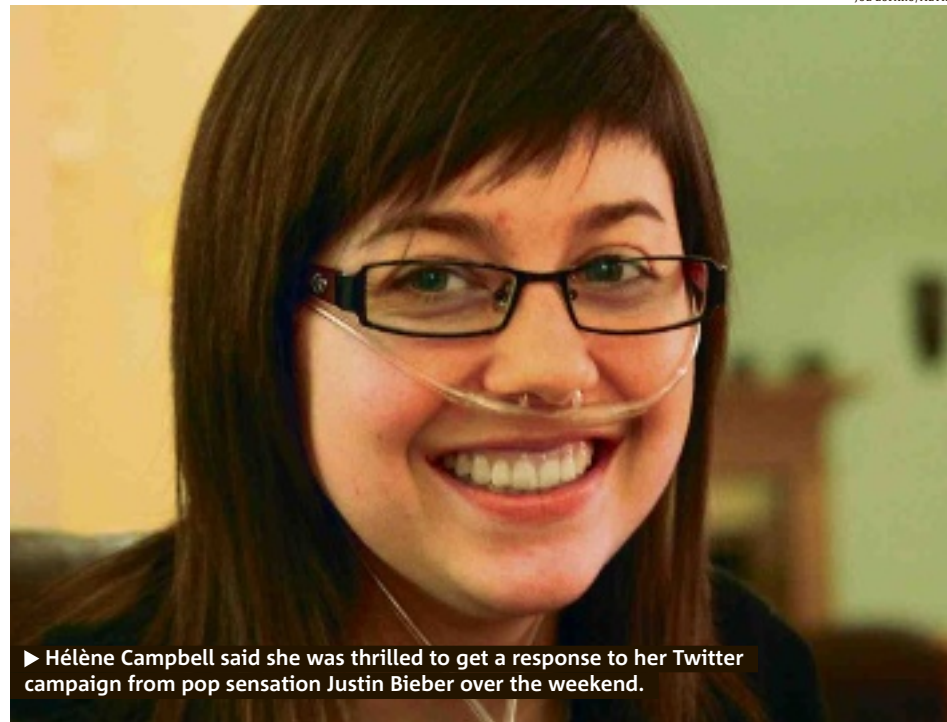
"That's a pretty big deal, 16.5-million followers who are now responding," said Campbell from Toronto, Sunday. "It's really exciting and encouraging, not just for me but everyone who helped."

News of her campaign spread across Canada and in other parts of the world, too. Websites in Peru and Germany reported on the Twitter love between Bieber and Campbell.

Campbell said a bookstore employee in Toronto recognized her on Saturday because she read about her campaign in the Metro Toronto newspaper.

"She said, 'I know who you are. Congratulations. What you're doing is awesome,'" said Campbell. "That is encouraging."

Campbell isn't sure what to do next to keep the awareness campaign going after getting a huge encouragement boost from Bieber, but is mulling over some ideas



► Hélène Campbell said she was thrilled to get a response to her Twitter campaign from pop sensation Justin Bieber over the weekend.

at the moment. She's tweeted to Ellen DeGeneres, but has not heard anything back yet. "For now I don't know

what I'd do if Ellen got involved, because I'm just so overwhelmed at the positive response with Justin," she said.

Visitors to Alungstory.ca can keep track of her progress as she waits for a new pair of lungs.

● JOE LOFARO



A Turkish doctor whose team performed the world's first triple-limb transplant says a leg has been removed due to tissue incompatibility. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at
metronews.ca

Arizona Rep. Gabrielle Giffords announces her resignation from Congress to concentrate on her recovery from a gunshot wound to the head. Watch at metronews.ca/video



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Group cries foul over park tender

► Friends of Lansdowne say OSEG is proceeding before a green light to build ► Fundraiser planned for Jan. 28

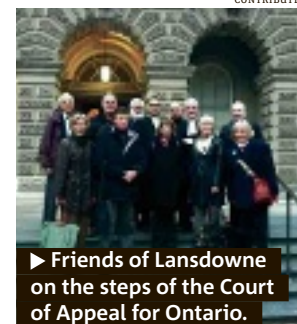


JESSICA
SMITH
@METRONEWS.CA

The Court of Appeal hasn't reached a decision on Lansdowne Park yet, but both the developers and their opponents appear busy as they wait for a judgment.

The Ottawa Sports and Entertainment Group recently issued tenders to build commercial buildings on the disputed site and renovate Frank Clair Stadium.

The stadium tender due date is March 1 and work on Lansdowne Park was ex-



► Friends of Lansdowne on the steps of the Court of Appeal for Ontario.

pected to begin this spring, should the Friends of Lansdowne lose their appeal. However, the Friends wrote of their displeasure in the tenders in an update to supporters sent this weekend.

"The arrogance of the City and OSEG in going out with these tender calls at this time is disturbing," the update says. "The legality of the partnership project is still before the courts. ... Why are the City and OSEG proceeding as if they have the green light? What makes them so confident?"

Meanwhile, the group is calling for more donations and planning a fundraiser for Jan. 28. Members have previously talked about trying to take their fight against the development all the way to the Supreme Court, if necessary.



Good. Wishes

► T&T manager Jimmy Wen, left, and assistant manager Moses Wong show off "spring couplets," offering good wishes for 2012 in front of the south end store's Chinese New Year decoration section.

SEAN MCKIBBON/METRO

May the new year bring luck, prosperity

Behind them, customers bustled about shopping for last-minute Chinese New Year dinner items such as fish, whole chickens, fried sesame balls, rice dumplings and other foods representing abundance, prosperity, reunion with family and luck for the new year. Monday will mark the start of the Chinese New Year.

News in brief

Man, 57, charged in robbery

Ottawa Police have charged a 57-year-old Ottawa man following a Jan. 19, bank robbery that happened in the 2400 block of Bank

Street.

No weapon was involved in the incident. Police say after an investigation they linked the same suspect with a Jan. 3 bank robbery on Preston Street.

Michael Stead is charged with two counts of robbery and one count of wearing a disguise. He appeared in court Friday.

● METRO

Snowmobiler injured in crash

Police are investigating after paramedics were called to treat a snowmobiler who crashed into an ice fishing hut around 1 a.m. Saturday on Madawaska Lake near Ryan Duncan Side Road. A 27-year-old man suffered a serious head injury. ● METRO



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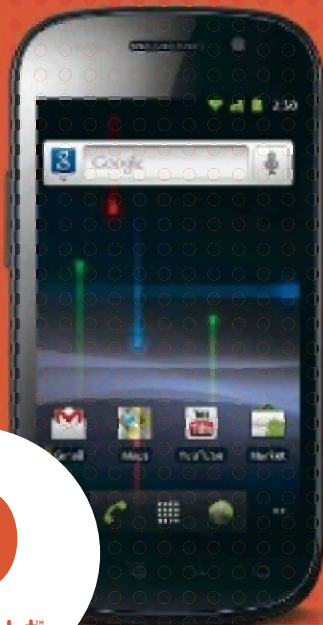
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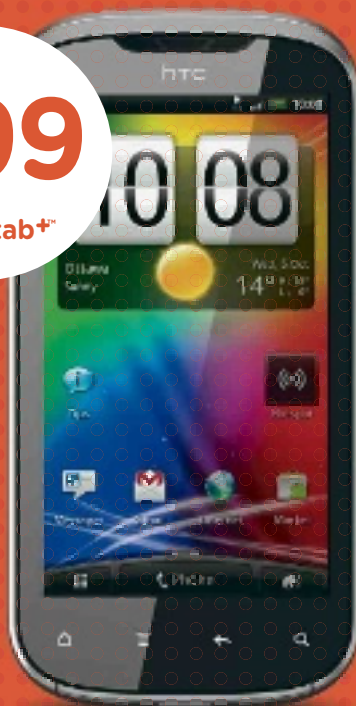
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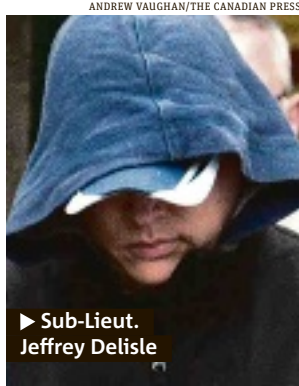
Navy overhauled intelligence as alleged spy lurked in midst

▶ Former naval officer accused of leaking information

An unfolding spy drama involving a junior Canadian officer comes amid a determined effort by the Royal Canadian Navy to improve and expand its own intelligence capacity.

Over the past two years, military planners working for the head of the navy have been drawing a "road map" in order to provide decision-makers and warships at sea with better information on possible threats to domestic waters and among international shipping lanes, a series of internal documents reveal.

The strategy was widely circulated among senior echelons of the navy in 2010, according to a brief-



▶ Sub-Lieut. Jeffrey Delisle

ing list obtained by The Canadian Press.

It could prove to be an intelligence bonanza in the wrong hands, providing insight into how Canadians gather information.

Neither the Harper gov-

ernment, nor National Defence will say whether Sub-Lieut. Jeffrey Delisle had access to the strategy — or early drafts of it.

Just what a potential spy might have been after and for whom has been the subject of frenzied speculation.

Officials have refused to discuss any and all aspects of the case.

But defence and intelligence experts say the real gold for a foreign power — be it Russia or some other nation — would lay in the country's methods, code words and placement of assets, both human and electronic.

THE CANADIAN PRESS

Looking. For answers



▶ Smoke rises from the Babine Forest Products mill in Burns Lake, B.C., Sunday. A fireball levelled the sawmill, which produces products such as framing lumber, just after shift-change Friday evening.

JONATHAN HAYWARD/THE CANADIAN PRESS

Two still missing after sawmill fire

RCMP Const. Lesley Smith said police are beginning the slow process of interviewing workers at the sawmill and won't be able to enter the mill to start that part of the investigation until a structural engineer has deemed it safe. Nineteen people were injured in the blast, at least four critically, and two are still unaccounted for.

No return to Bloc: Duceppe

Gilles Duceppe has put an end to rumours he will replace Pauline Marois as

leader of the Parti Québécois — at least for now — saying he can't imagine a

return to political life as he works to restore his reputation. THE CANADIAN PRESS

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Italian cruise ship search continues

► 19 are listed as missing, but number could be higher
► Some passengers may be unregistered: Official

Unregistered passengers might have been aboard the stricken cruise liner that capsized off Giglio, Italy, a top rescue official said Sunday, raising the possibility that the number of missing might be higher than previously announced.

Divers, meanwhile, pulled out a woman's body from the capsized Costa Concordia on Sunday, raising to 13 the number of people dead in the Jan. 13 accident.

Earlier, Italian authorities raised the possibility that the real number of the missing was unknown because some unregistered passengers might have been aboard.

"There could have been

Families informed

Relatives of missing passengers were briefed Sunday, and met with Pierluigi Foschi, the CEO of Costa Crociere, SpA, the ship's operator.

► The missing include French passengers, an elderly American couple, a Peruvian crewwoman, an Indian crewman, and an Italian father and his five-year-old daughter.

X persons who we don't know about who were inside, who were clandestine" passengers aboard the ship, Franco Gabrielli, the national civil protection official in charge of

the rescue effort, told reporters at the island where the ship, with 4,200 people aboard, rammed a reef and sliced open its hull before turning over on its side.

But one of Concordia's officers, who's recovering from a broken leg suffered during the evacuation, dismissed the allegation that such passengers were on the ship.

"Everyone is registered and photographed. Everything's electronic," the Italian news agency ANSA quoted Manrico Giampe-droni as saying.

Authorities have identified eight bodies, but are still trying to identify five badly decomposed corpses. **THE ASSOCIATED PRESS**



► Republican presidential candidate and former House Speaker Newt Gingrich poses for a photo with parishioners after mass at the Basilica of the National Shrine in Washington Sunday.

Candidate Gingrich storms South Carolina

Newt Gingrich trounced Mitt Romney in South Carolina's Republican presidential primary, upending the battle to challenge President Barack Obama in November and reviving a campaign that has twice been near collapse.

Stung by the worst week in his campaign, Romney told Fox News on Sunday that he will release his tax information,

and said it was a mistake to hold off as long as he did in getting it out. He said the attention paid to the issue had become a distraction in his battle for the nomination.

Gingrich said on CNN that his hardline conservative views and sharp debating skills are needed if the Republicans are to take back the White House. **THE ASSOCIATED PRESS**

Giffords to leave Congress

Rep. Gabrielle Giffords of Arizona announced Sunday she intends to resign from Congress this week to concentrate on recovering from wounds suffered in an assassination attempt that shook the country a little more than a year ago.



► Gabrielle Giffords

"I don't remember much from that horrible day, but I will never forget the trust you placed in me to be your voice," the Democratic lawmaker said on a video posted on her Facebook page.

"I have more work to do on my recovery. So to do what's best for Arizona, I will step down this week."

THE ASSOCIATED PRESS

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08

metro

China ushers

► Chinese worldwide are kicking off one of year's most dumplings and fireworks for everyone ► Metro looks at



**JORDAN
POUILLE**
METRO WORLD
NEWS IN BEIJING

“**M**ay gold and jade come to fill your home.” China is celebrating its Spring Festival on Monday. This special day marks the start of the Chinese year 4710 and eight days of feasting and wishing peace, happiness and prosperity to each other. In China, the elderly will enjoy the much-awaited annual show on state television while their married children will cook and visit friends and relatives.

The economy and industry will grind to a halt. The trains will be chaos as millions leave the factories and big cities in the south to rush home. But it's worth all the hassle: Chinese New Year is the only time migrant workers get to see their families.

The Spring Festival celebrations are all-day affairs; the louder, the better, in order to scare away evil spirits.

In Shanghai, the malls have swapped their Christmas decorations for red lanterns, dragon statues and loud traditional music. In Beijing, firecrackers are sold at every corner and lit anytime of the day. A word of caution: Two people died last year in the capital because of fireworks.

Chinese New Year is also a food festival. Prime Minister Wen Jiabao enjoys turning up at a worker's house, with a little apron, to cook dumplings in front of the cameras. Most people enjoy cheap yet healthy food, such as sweet clementines, taro cakes, braised catfish and some delicious pudding made of rice and sugar.



► The colour red – whether it's for street decor, envelopes filled with money for youngsters or underwear – brings good luck.



► Celebrations are all-day affairs; the louder, the better, in order to scare away evil spirits.

TIMELINE FOR CHINESE ZODIAC



For more news visit
[metronews.ca/
ottawa](http://metronews.ca/ottawa)

in new year

important celebrations ► Prepare for red trousers, the many traditions that make up Chinese New Year

JORDAN POUILLE/METRO



JORDAN POUILLE/METRO



► Jordan Pouille checks out ornaments at a silk market in Beijing.

JORDAN POUILLE/METRO



► New Year's food tends to be cheap and healthy.

How will you celebrate?



Ma Xiao Ling
FARMER IN MING QIN,
GANSU PROVINCE

"As we're poor, this is the only period of the year when we meet. But I will paint some poetry on my doorstep to make our farm more welcoming."

Lei
PHOTOGRAPHER,
BEIJING

"I will be staying at my parents' place all day long, watching TV together with neighbours. And if the weather is fine, we shall burn incense at the temple."

Ladies in Harbin
HEILONGJIANG
PROVINCE

"We will cook all kinds of dishes for the family and make sure our husbands don't drink too much rice alcohol or they will do silly things on the frozen river."

2012 DRAGON

is often help others, but rarely ask for help. In truth, they to be alone and do things by themselves. A Dragon would be well-suited to be an artist, priest, or politician.



1916, 1928, 1940, 1952, 1964, 1976, 1988, 2000, 2012...

2013 SNAKE

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1917, 1929, 1941, 1953, 1965, 1977, 1989, 2001, 2013...

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1918, 1930, 1942, 1954, 1966, 1978, 1990, 2002, 2014...

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FIRST RAW CANNABIS DRUG MAY HIT SHELVES IN U.S.

A quarter-century after the U.S. Food and Drug Administration approved the first prescription drugs based on the main psychoactive ingredient in marijuana, additional medicines derived from or inspired by the cannabis plant itself could soon be making their way to pharmacy shelves, according to drug companies, small biotech firms and university scientists.

U.K.-based GW Pharma is in advanced trials for the first pharmaceutical developed from raw marijuana — a mouth spray it hopes to market as a treatment for cancer pain. It hopes to see FDA

Market moment

TSX



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Dollar



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Natural gas

\$2.39 US
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(+ \$9.50 US)

approval by the end of 2013. **THE ASSOCIATED PRESS**

RIM CEOs resign

- Balsillie and Lazaridis will be replaced by RIM COO Thorsten Heins
- Pair has been blamed for RIM's struggle to keep pace with competitors

BlackBerry maker Research in Motion's co-CEOs, Jim Balsillie and Mike Lazaridis, are stepping down.

The company says the pair who founded RIM will be replaced by Thorsten Heins, a chief operating officer who joined RIM four years ago from Siemens AG.

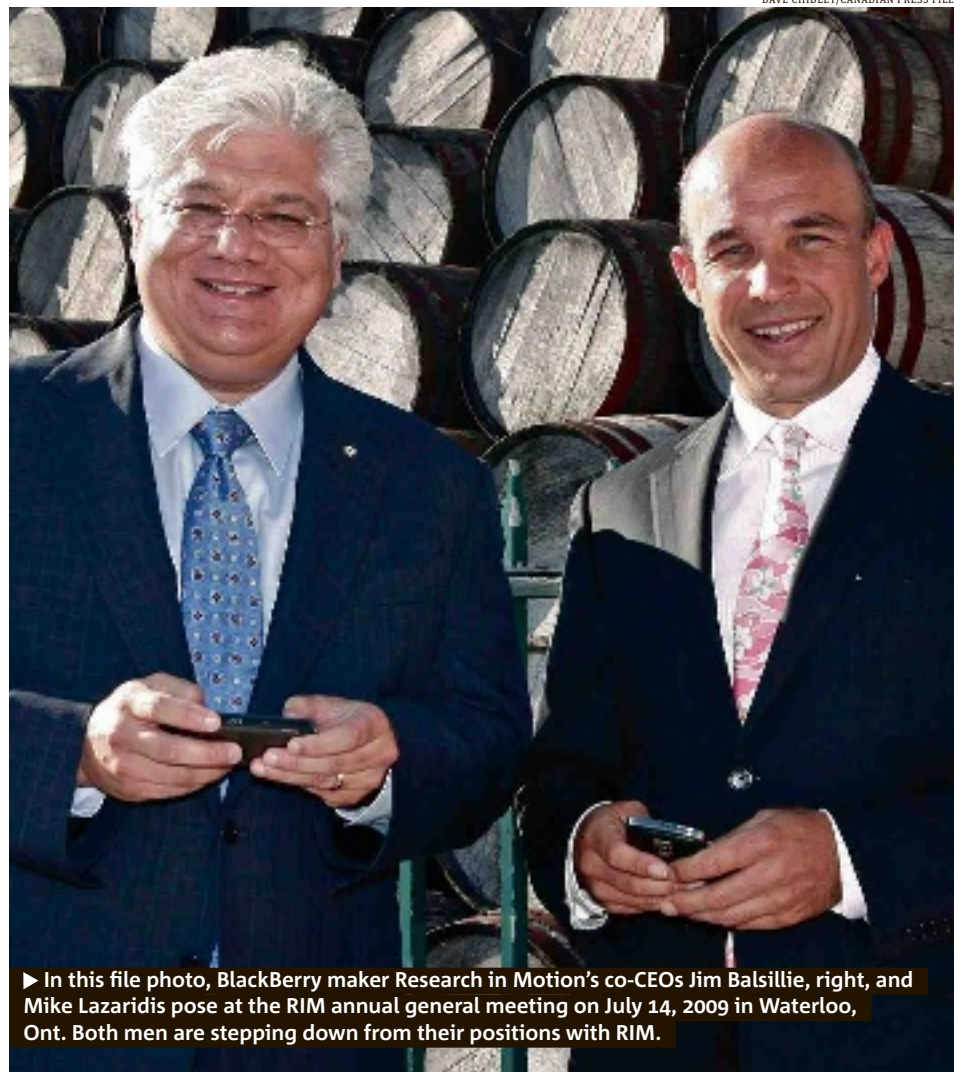
Balsillie and Lazaridis have headed Waterloo, Ont.-based RIM together for the past two decades.

The company took a big slide in 2011, dropping behind its peers in the lightning-paced smartphone market, suffering through the worst service outage in its history and losing tens of billions of dollars in market value.

And the PlayBook tablet, RIM's answer to the Apple iPad, failed to gain consumer support and the company was forced to give it deep discounts to help move the devices off store shelves.

Many investors held Balsillie and Lazaridis responsible for the company's problems and previously called for them to be replaced and also for the company to be sold or broken up.

THE CANADIAN PRESS



► In this file photo, BlackBerry maker Research in Motion's co-CEOs Jim Balsillie, right, and Mike Lazaridis pose at the RIM annual general meeting on July 14, 2009 in Waterloo, Ont. Both men are stepping down from their positions with RIM.

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STEVE COLLINS
METRO OTTAWA



There's a not-insubstantial chance that you're reading this while you wonder when (or if) your friggin' bus is coming.

Waiting is an unavoidable part of the public transit experience, and the limited charms of loitering at the bus stop are further diminished this time of year. The time can be killed by shivering, shuffling from one foot to the other or double-checking the schedule to see if your intended trip has fallen victim to last fall's "network optimization," which is still dealing out the odd surprise to the unwary.

How bad is it? Probably not as bad as it feels at the bus shelter. The latest quarterly report from OC Transpo, covering July to September, shows mediocre but slightly improved on-time arrivals in the morning rush (69.4 per cent) and slightly worsened punctuality in the afternoon (57.8 per cent).

Afternoon commuters stood a roughly equal chance of their bus arriving more than five minutes late (19.4 per cent) or already being gone because it came up to two minutes early (19.2 per cent).

"Transpo officials, who have been promising to develop their own app, expressed concern that the third-party versions might not be as accurate as their own, still-non-existent product."

As you wait, you have no way of knowing how long. If only there were some way to know where your bus was and hence when it might really arrive, as opposed to the schedule's guess.

There is, of course, a way of knowing. Our buses are fitted with on-board GPS showing their locations. It's been about a year since OC Transpo opened up and then revoked public access to this data, which local tech-heads had already begun to use for apps that let

users track their bus in real time.

Transpo officials, who have been promising to develop their own app, expressed concern that the third-party versions might not be as accurate as their own, still-non-existent product. (Given a choice between potentially flawed information and no information, many would take the former, but no choice is being offered.)

Last week, OC Transpo GM Alain Mercier quite frankly told the transit commission that it's about money. They don't want to release the data until they can figure out how to exploit it for an estimated \$1.1 million in potential ad revenue.

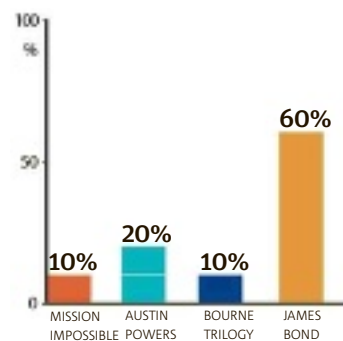
Transit riders, then, were being protected not from inaccurate data, as the story went last year, but from inadequately monetized data.

So now you wait for your bus and for real-time bus tracking. Both will probably show up eventually, and seemingly as far as OC Transpo's concerned, that's good enough.



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The no. 1 spy film franchise of all time is:



Daily Zoom



Dutch dream

Laura Dekker shows her passport where an immigration stamp shows the word Guppy, after arriving at Simpson Bay, St. Maarten, on Jan. 21.

The teenager ended a yearlong voyage aboard her sailboat named Guppy, making her the youngest person ever to sail alone around the globe. She was born to parents living on a boat near the coast of New Zealand and by age 10 she began dreaming about crossing the globe.

THE ASSOCIATED PRESS

"There were moments where I was like, 'What the hell am I doing out here?,' but I never wanted to stop ... It's a dream, and I wanted to do it."

LAURA DEKKER

Record not recognized

The Guinness World Records and the World Sailing Speed Record Council did not verify her youngest sailor title, saying they no longer recognize records for youngest sailors to discourage dangerous attempts.

Dutch authorities tried to block Dekker's trip, arguing she was too young to risk her life, while school officials complained she should be in a classroom.

THE ASSOCIATED PRESS

World tour

The teenager covered more than 27,000 nautical miles on a trip with stops that sound like a skim through a travel magazine: the Canary Islands, Panama, the Galapagos Islands, Tonga, Fiji, Bora Bora, Australia, South Africa and now, St. Maarten, from which she set out on Jan. 20, 2011.

Inset: Dekker hugs her mom and sister upon her arrival.

Local tweets



► **@MarnieNichole:** found maple leaf cookies at the store today... they take me right back to living in Ottawa lol! #yum

► **@Laureprise:** wish I was in #Ottawa just so I could have attended the #LululemonWHS

► **@SofesM:** Keep hearing rumblings about #millstreet in #ottawa. So excited that it's right

across the street!

► **@tobeagooner_:** Would love Beavertail right now. East Ottawa needs a store of it.

► **@DaniMleduc:** Finally found Ottawa's hipsters last night, hiding right under my nose at the new #hintonburgpublichouse! Stoked.

► **@misterdevans:** Lovely. RT @kathleenogrady: #Ottawa, you always have such pretty river sunsets. #ottcity <http://twitpic.com/8aibx6>

STEPHAN KOGLERMAN/THE ASSOCIATED PRESS PHOTOS



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Colombia.....from 3.9 ¢/min	Mexico.....from 1.9 ¢/min	U.A.E.....14.9 ¢/min
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scene

Box office



Kate Beckinsale is back with a vengeance, with her *Underworld* movie opening at No. 1 this weekend. *Underworld Awakening* made an estimated \$25.4 million, its distributor Sony Screen Gems reported Sunday. Opening in second place was *Red Tails* from George Lucas. **THE ASSOCIATED PRESS**



The Artist is silent but golden, beating out *The Descendants* for the Producers Guild Award.

Maggie-mania

◆ She was Europe's first female head of government. But that distinction didn't matter to Margaret Thatcher ◆ She was the Iron Lady, after all, a woman on a mission to revolutionize her country.



ELISABETH BRAW
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METRO WORLD NEWS IN LONDON

"Defeat — I do not recognize the meaning of the word!" Margaret Thatcher wasn't called the Iron Lady for nothing.

And, despite the fact that she left 10 Downing Street 21 years ago, she commands fascination and fear. In fact, the Iron Lady — with Meryl Streep as a supreme Thatcher — has inspired a new Maggie-mania.

"My mother is an ex-hippie who starts crying when one mentions Thatcher, but many people in my generation feel a strong admiration for Thatcher," says Max Wind-Cowie, 26, a public opinion researcher at Demos, a London think tank. "People don't always agree with her policies,



► Spot 10 differences. Margaret Thatcher, left, and Meryl Streep, right, as the Iron Lady.



but at least you knew what she stood for. With today's politicians you can't really tell what they believe in."

To be sure, the Iron Lady knew what she believed in: individual liberty, free enterprise and anti-Communism.

"Even though there aren't many real Thatcherites, people who

subscribe to Thatcher's ideology, left, many people look back at her with nostalgia", notes Richard Vinen, Professor of Modern European History at King's College, London, and author of *Thatcher's Britain*.

"Especially now, with the EU in crisis, people remember her for her opposition to the EU."

Indeed, today's Britain seems much closer to Thatcher's beliefs than the Britain she ruled. Last year 54 per cent of Britons thought social benefits (to low-income households) were too high, compared to 35 per cent in 1983. "Sympathy for people at the bottom of the heap has evaporated," notes Wind-Cowie.

Thatcher's actions

- 1 Kept Britain out of the single European currency.
- 2 Marginalized Britain's powerful trade unions. The move caused high unemployment, and anger, in Britain's North.
- 3 Privatized gas, electricity, telephony, British Airways and British Rail.
- 4 Cut welfare benefits.
- 5 Stood up to the Soviet Union, supported by Ronald Reagan.
- 6 Won the Falklands War against Argentina.

A day in the life of Maggie

The champion of individual responsibility can't remember anything, let alone take care of herself.

Margaret Thatcher suffers from dementia. "Though there's currently a lot of re-

search into its causes, dementia is still an illness without a cure," explains Dr. Claudia Cooper, Lecturer in old-age psychiatry at University College, London.

"Patients often get lost or forget to eat, and they can also get depression or physical health problems."



The Iron Lady, ruler of the box office

A political movie, how dull. But Meryl Streep as Maggie Thatcher is a completely different matter.

During its first weekend in British cinemas, *The Iron Lady* captured the top box office spot, taking over \$5 million.

This figure is nearly three times the box of-

fice achieved by *The Queen* when it opened in 2006.

Twentieth Century Fox, the film's distributor, reported that *The Iron Lady* even did well in Britain's North, where Thatcher remains disliked, even loathed. Meryl Streep won a Golden Globe for the role.



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The softer side of haute couture

► The Project Runway All Stars prove reality TV isn't always about being horrible to your fellow contestants ► But the claws may still come out this season ► Designers have only six hours to complete their next challenge

THE WORD

DOROTHY ROBINSON
SCENE@METRONews.ca



Aside from occasional dust-ups at the Neiman Marcus accessory wall, Project Runway is one reality show that isn't known for its backbiting.

At a New York screening of the spin-off Project Runway All Stars contestants — including the dashing Austin Scarlett in beads and a bow tie — broke from the usual red carpet decorum to greet each other with squeals and hugs.

"I keep in touch with a lot of them," said Kara Janx. "I've formed some really solid relationships."

So how do these "all stars" — favourite designers from the first eight seasons of Project Runway who are competing once again in a new series of fashion challenges — make it work the second time around?

"You need to admire your fellow designers and get inspired by each other," said Kenley Collins, wearing her trademark red lipstick. "Make your life a little easier and just get along!"

"She's such a diva," joked Michael Costello, cutting in to throw an arm around Collins.

Meanwhile, Janx cited "mutual respect, mutual understanding" as the key.

"I don't feel like you have to step on toes to get ahead," she said. "You're just so curious to see what other designers will bring to the table."

It's not just contestants who noticed the camaraderie on set.

"Fashion is a community," said designer Isaac Mizrahi, one of the show's judges. But that all might change in an upcoming



► Some of the Project Runway All Stars: Mondo Guerra, left, Kenley Collins, Michael Costello, Kara Janx, and Austin Scarlett were all smiles Thursday in New York City.

episode, when the designers are given only six hours to complete a challenge.

Executive producer Rob Bagshaw says those kinds of tasks were created to pit contestants "against the challenge instead of each other."

We'll see if the needles come out.

WITH ADDITIONAL REPORTING
FROM REBECCA FINKEL

What's up with Heidi and Seal?

Speaking of Project Runway, shocking news broke over the weekend that host Heidi Klum is planning to file for divorce from husband Seal, per TMZ. But now gossips and "sources" the world over are backtracking.

"Nothing is finalized or for sure," a friend of the two told Us Weekly. "Seal

flew back from the U.K. yesterday and he and Heidi are in the house together now."

According to some reports, Klum is fed up with Seal's partying lifestyle.

"When they had their holiday in Ibiza in the summer last year, Seal hit it hard, was out at clubs and with his friends a lot and Heidi was left with their

kids trying to enjoy herself," a source told The Mirror.

This is so sad; they always seemed like a celebrity couple who would make it. Hopefully Seal will man up and realize that Klum is a better option than the bottle. If not, there is truly no hope for any Hollywood marriage.



► Heidi Klum and Seal

Heather's no stranger to rehab

Prior to her hospitalization for a potential overdose on alcohol and prescription pills, Heather Locklear reportedly sent her off the deep end.

"She doesn't get out of bed most days," the source explains. "Jack kept her on the straight and narrow, but he couldn't keep Heather sober."

Unfortunately, though Locklear did seek treatment after the split, she "didn't take it seriously," the source says.

And her relationship with her re-



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Lip-readers



Florida scientists have discovered that starting around six months, babies begin shifting from the intent eye gaze of early infancy to studying mouths when people talk.

"The baby, in order to imitate you, has to figure out how to shape their lips to make that particular sound they're hearing," explains developmental psychologist David Lewkowicz of Florida Atlantic University, who led the study.

THE ASSOCIATED PRESS



Disabilities report author is concerned that many kids have one or no friends.

On last week's *Modern Family*, toddler Lily dropped an F-bomb, to the utter horror of her parents.

The character is two-and-a-half-years old. The episode's title? *Little Bo Bleep*. This was the first time a scripted family TV show has had a child utter the profanity that rhymes with puck. (Don't worry, it wasn't audible to the viewer.)

As the owner of a horrible potty mouth, I could not relate to this more.

The fact is, actually, that I have dropped my cussing dramatically since the birth of my first child. And yet ... it was just a couple of years ago that my parents were watching my children when my then two-and-a-half-year old said "s—."

The worst thing? She used it correctly. Like, she broke something and dropped the S-bomb. My mother is a public school teacher who has literally never cussed. My dad is a pastor. When my mom politely told me the news, I just immediately responded by apologizing. There was no use pretending that she had picked it up from anyone but me. Everyone knows I have problems cussing.

Still, it was an important moment that led to further efforts to stop my sailor-level vocabulary. But apparently, it's not enough.

During last week's football game, I think I lost years off my life as I cheered. Every time something bad happened, I modified cuss words. Or, well, I cussed in foreign languages. My husband told me to watch it around the kids. I hate it when he's right.

Kids says the darndest things



►The proud parents of the f-bomb dropping toddler.

► On a recent episode of *Modern Family*, a toddler uses a bad word ► Our mommyish.com writer wonders, do you watch what curse words you say around your kids?

Another friend told me about how her kids were playing with friends in the neighborhood while parents sat outside and chatted. The kids were on bikes and one kid cut another kid off at the end of the

cul-de-sac. "Get out of the way, A—hole" one little boy exclaimed, not even particularly upset.

The father of that child, blushing, told the boy to watch his language and then said something about

how he'd have to talk to him later. But everyone laughed nervously because they knew the kid had picked it up from his parents.

And this is the shame of the child's potty mouth.

No Cussing Club

Even before the episode aired last week, an anti-profanity crusader asked ABC to pull the episode. McKay Hatch, 18, founded the No Cussing Club in 2007. He asked his club's members, whom he said number 35,000 in the U.S. and about three dozen other countries, to complain to ABC.

► **Protestors' take**
"Our main goal is to stop this from happening," said Hatch. "If we don't, at least ABC knows that people all over the world don't want to have a two-year-old saying the 'F-bomb' on TV. We hope they know better."

► **The network's take**
"We thought it was a very natural story, since as parents, we've all been through this. We are not a sexually charged show. It has a very warm tone so people accept it more. I'm sure we'll have some detractors," said Steven Levitan, creator and executive producer of the sitcom with Christopher Lloyd.

THE ASSOCIATED PRESS

It's almost always a complete reflection of our lack of control as parents, our inability to speak kindly to our neighbors and fellow citizens or, worse, the members of our own family.

We like to pretend, particularly among our peers, that we're great examples to our kids. When our children reveal that we're not, it's embarrassing. But it's also chastening and a great reminder of why children are such a blessing. They frequently help us become better people.

MOLLIE HEMINGWAY,
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For a dragon-sized appetite

► Start Chinese New Year off right ► Try Chinese long beans for a long life

MATTHEW MEAD/ THE ASSOCIATED PRESS



► This recipe makes eight servings.

Eating long beans to symbolize a long life is a hallmark of Chinese New Year.

These beans often go by other names, including asparagus beans, yard-long beans and snake beans.

Since this new year is the year of the dragon, more specifically the water dragon,

serve this longevity dish with the dragon of the sea — lobster. If lobster isn't available, shrimp is another good choice.

Preparation:

- 1 In wok over medium-high, heat vegetable oil. Add peppercorns, five-

spice powder and garlic. Heat, stirring constantly, for 30 seconds.

- 2 Add beans and toss to coat. Add water, oyster sauce, and soy sauce and cover. Allow beans to steam for 5 mins., or until just tender. Add

Ingredients:

- 15 ml (1 tbsp) vegetable oil
- 1 ml (1/4 tsp) Sichuan peppercorns, crushed
- 2 ml (1/2 tsp) Chinese five-spice powder
- 2 cloves garlic, minced
- 750 grams (1 1/2 pounds) Chinese long beans
- 125 ml (1/2 cup) water
- 50 ml (1/4 cup) oyster sauce
- 15 ml (1 tbsp) soy sauce
- 15 ml (1 tbsp) toasted sesame oil
- Splash of Sriracha sauce
- 210 grams (7 ounces) cooked lobster meat, chopped
- 15 ml (1 tbsp) toasted sesame seeds

sesame oil, Sriracha, lobster meat and sesame seeds. Toss and cook until heated. Serve.

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Rose Reisman's Swap It



With Chinese New Year celebrations taking place, favourite side dishes from the region will be on many tables across Canada. Reach for the right one.

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BEN KNIGHT
LIFE@METRONEWS.CA

The standard household vacuum cleaner: Very clean, but is it green?

Vacuums capture and dispose of far more dust than brooms, but they also consume power, produce noise, and most models leave behind an endless series of dust-filled bags that need to be thrown out.

Is there a way to do this better?

"It's a product category no one really has been thinking about before as something that needs an environmental improvement," says Cecilia Nord,

vice president of sustainability for Electrolux Small Appliances.

"As it turns out, you can actually achieve improvement by focusing on energy consumption, and also the materials in the product. It's not insignificant."

Her company produces greener sister versions of its entire vacuum cleaner product line. They may not yet be as widely available, but some pretty efficient, powerful machines are being produced.

"Depending on the model, we range from 33-50 per cent lower energy consumption," Nord says. "The fantastic thing is, we make this big saving in en-



► There are options for greener vacuums.

ergy consumption, and only lose one percentage point in actual cleaning performance."

Electrolux is not alone.

Rainbow, Sanitaire, Filter Queen, Miele and Dyson highlight a long — and ever-growing — list of manufacturers building

1%

Loss of cleaning power — in exchange for a 33 to 50 per cent cut in power usage — with a top-quality green vacuum cleaner.

more environmentally friendly machines.

"Historically, the consumer has been led to believe that if you have a high-wattage vacuum, it's a powerful cleaner," says Nord. "But that has nothing to do with it. It's how well it's designed that provides the cleaning performance."

Noise remains an issue, although more-efficient vacuum cleaners tend to also be slightly quieter.

And though bagless vacuums certainly exist, even

vacuum bags are gradually being greened.

"We're finding renewable resources that can be transferred into materials that do the same job as non-renewable ones," she says. "We've actually started marketing a vacuum cleaner dust bag that is made out of corn starch."

There's even a designer line of cleaners — Vac from the Sea — made from plastic pollution harvested from the world's oceans.

"When we started working with recycled plastics, we realized how hard it was for us, as a manufacturer, to come by plastics of a good enough quality. We found local green organizations that are already working with this. We helped them collect plastic, and we use it to make special vacuum cleaners."

Speedflirt

He winks,
she winks back



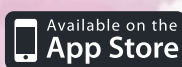
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Slipping on your study promises?

► There's a good chance you set the bar too high for yourself ► Take in these tips and start studying the smart way

BRUCE WALSH
LIFE@METRONEWS.CA
METRO WORLD NEWS

College and university students across the country are currently struggling with the first stages of that age-old new year's resolution: This year, I'm going to study for an impossible number of hours a day!

Lisa Jacobson is the founder of Inspirica, a company that has been teaching study habits for 25 years.

Her advice as the semester kicks off is simple: Don't try to drastically change yourself with one



► Think about pulling one or two books out of that pile.

quick turn of the calendar page.

When it comes to studying, why do new year's

resolutions fail?

They're too big. They say, "I'm going to read for three hours a night, every night." I really believe that, when it comes to college students, incremental changes are far more effective. It's trying to go just a step above where you were.

What's a good first step?

It's an easy one. Just take 15 minutes, sit down on your bed and quietly look at your dorm. Be honest with yourself. Is this a place where I can focus? Set yourself up. Go to the container store and make

sure everything has a place.

Ask yourself, "When is the most quiet, peaceful time in this space?" Carve out just a half hour during that time of day to hit the books.

So, are new year's resolutions about studying a bad idea?

I think they can work if the goal is to get to a place where you're working smarter, not necessarily harder.

Resolutions can be helpful because you're teaching yourself life skills.

Sometimes parents re-

quest tutoring for their kids in college — and I advise that they hold off on taking control like that, because college is the time to learn how to advocate for yourself.

Do some students respond better to background noise as opposed to a quiet room?

Yes! Take notice of when you can concentrate, when you get distracted. Some people need lots of activity around them, so they need to find a busy time at a cafe and make sure they plop themselves down there for 30 minutes a day.

An office of opposites

► A happy workplace is one of many faces from many different places

JULIA WEST
LIFE@METRONEWS.CA
MWN IN PHILADELPHIA

It's well understood that a workplace of similarly minded drones makes for a static, uninspired environment.

Also, it is required by law that companies be equal-opportunity employers.

But aside from the obvious and the legal, there

are reasons that diversity — regardless of the form it takes — lends itself to building a stronger company.

Dr. James Smither, Professor of Management at La Salle University, defines diversity as "the differences among people in terms of their personalities, underlying values and training."

It is these aspects that make a powerful team.

"Deep diversity can be

beneficial to the team as a whole because it creates a team with broader knowledge and perspectives that in turn can enhance the quality of problem-solving and decision-making," he says.

The benefits of a diverse workforce aren't limited to the office.

"The advantages of diverse workplaces extend beyond America's borders," says Peter Aranda, CEO at The Consortium

for Graduate Study in Management.

"The world is quickly becoming one giant multicultural marketplace in which U.S. companies vie for market share with competitors across the world.

If American businesses want to stay in the game, they must become much more attuned to the nuances and needs of disparate cultures than they've been in the past."



► Building a team with different backgrounds inherently produces one with a wider perspective.

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MONDAY, JANUARY 23, 2012

The boy block

Teacher urges retooled approach to raising boys in new book Points finger at computer-crazed world for dip in academic success of young males

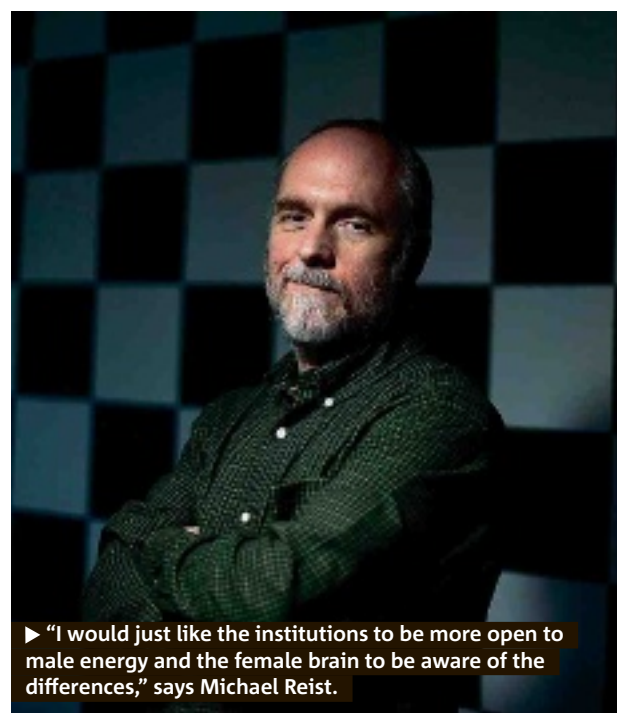
As a longtime teacher and father of four, Michael Reist has had a front-row view of the ever-changing cultural landscape and its impact on youngsters.

And with the omnipresence of the Internet, tech gadgets and video games, he believes the task of educating and parenting kids needs to adapt with the evolving times.

In his new book, *Raising Boys in a New Kind of World* (Dundurn), Reist is encouraging a retooled approach in both practice and thinking when it comes to rearing boys in a media-saturated culture.

Reist has spoken extensively to parent groups and education conferences across Canada, with the main workshops centred around gender differences in learning and raising kids in a new world.

While girls have surged academically in recent years, Reist said statistics show boys aren't faring as



► "I would just like the institutions to be more open to male energy and the female brain to be aware of the differences," says Michael Reist.

well, and that higher percentages of girls are enrolling in universities.

Reist said cyberspace has had a huge influence. Part of the reason boys are

falling behind in school is the amount of time dedicated to screens, which offer a feast of visuals and movement through space that are alluring to the male brain, he noted.

He understands parents' concerns with respect to too much screen time and recognizes the need for setting boundaries to limit usage; but Reist said there's nothing wrong with cyberspace or video games.

In the book, he outlines reasons why video games are good, such as allowing kids to relieve stress and offering an outlet for aggression. And while some see

"They're able to conquer level 500 of *World of Warcraft* ... but they come into my class where the job is to read a 300-page novel... and that's a bigger leap today than it was 20 years ago."

MICHAEL REIST, AUTHOR

gaming as an isolating experience, he writes there is also a social aspect, as males tend to bond shoulder-to-shoulder through a shared activity.

"We're getting these boys who are spatial geniuses, they come into class and they're able to conquer level 500 of *World of Warcraft* or *Call of Duty*," said Reist. "But they come into my class where the job is to read a 300-page novel and to write a 1,500-word essay, and that's a bigger leap today than it was 20 years ago."

"The culture has become more and more visual, and the culture has become more and more electronic."

Reist said one of his book's main messages is not condemning the new world, but rather empathy for today's kids who have to contend with turning off cellphones, video games, TVs and computers before settling into an assigned task. **THE CANADIAN PRESS**

Plan of action

Ways to wake them up

- Reist writes that boys have a love and need for movement and prefer actions over words.
- He has observed in teaching that they tend to progress more slowly through the stages of language processing.

- He writes that much like a computer going into sleep mode, the male brain can act in a similar way when it's not stimulated.
- Cueing students visually through eye contact, verbally or through touch like a tap on the shoulder — or even just standing nearby — can help boys who may be zoning out

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Improv to improve

► Youth are using improv to boost confidence and communication skills

Brendan McGowan, like most university students, spends his days juggling essays with impending exams while trying to make it to class on time. But once a week the 22-year-old psychology major sets aside the stress of higher education to take up a persona other than his own.

He's one of a growing number of youth who are embracing improvisational theatre, or improv as it's better known. Aside from the laughs it provides, those who engage in the performances acted entirely without a script say they're boosting their confidence, learning how to communicate better and tapping into a whole new community of friends, all while having a good time.

"I'll honestly say that if I did not have improv, I



HO/JEREMY VOLTZ/THE CANADIAN PRESS

► Improv is no longer reserved solely for people with quick wit and a sharp tongue. Personalities of all sorts are becoming involved with the activity.

would be the most stressed out person that I would have ever met," says McGowan, president of Ryerson University's Barrel of Monkeys Improv team.

"It's just two hours of laughing, having a good time, and you feel refreshed afterwards ... I don't know where the stress went but it's gone and I'm happy."

Improv, perhaps best

known through the hit show *Whose Line Is It Anyway*, isn't just for theatre or arts majors. Increasingly, student from a variety of backgrounds, from journalism to engineering, try their hand at cracking up a crowd without the safety of a script.

"Just about everyone on the improv team is from a different part of Ryerson, all different programs,"

says McGowan, who has seen interest in his club jump over the past year.

John Piekoszewski, who helps run the Carleton Improv Association in Ottawa, has seen a similar boost in numbers recently.

"When I first started out we had eight to 10 people on the team," says the film studies student. "The past year, we've started doing shows in bars around town. We had 30 people show up at tryouts this year."

The Carleton team has a core group of 12 who perform at shows but encourages anyone, no matter what their level of experience, to come to weekly practice sessions. "You go away for two hours just to have a laugh, not take anything seriously," says Piekoszewski.

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On February 1st, students are going to hold him to that promise.

Get involved through your local students' union's organizing meetings:
Carleton University, every Tuesday at 4:00pm in the Atrium.
University of Ottawa, every Thursday at 6:00pm at Cafe Alt.

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22

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metronews.ca
MONDAY, JANUARY 23, 2012

Business looks bright

► Entrepreneur and award-winner Jeff Klause has become a leader in his industry ► And he's only 36!

TURNING POINT

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If you ever find yourself in Times Square in New York City, look up at all the bright, flashing billboards.

Jeff Klause says he was only 11 years old when he designed the technology that IBM would use to control blinking lights such as these iconic ones.

The award-winning youth went on to become an entrepreneur, manufacturing bunk beds, marketing products at trade shows then moving on to website design and computers.

Now 36 years old, the



► Jeff Klause

CEO of Rainy Day Internet in Manitoba uses a hands-on approach that often finds him up a signal tower wearing his hard hat and working alongside his employees.

"I see the future and the potential in things and I surround myself with good people," he says.

"It always takes longer to

achieve certain goals. Accept the reality in each situation and adjust your goals."

Klause is a man of technology and vision but most importantly he has the passion and drive to see his ideas through to the end.

"I'm always thinking about the bigger picture. But I also climb towers because people don't work for me, they work with me."

Jeff's tips

Klause's thoughts on business

- **Have passion and energy**
See something through to the end regardless of the mountains you encounter.
- **Give back** I've been volunteering since I was 13 years old.

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Close call for Patriots

► Missed Ravens field goal with 11 seconds left sends New England back to the Super Bowl

Tom Brady got all the help he needed to get the New England Patriots into the Super Bowl.

Thank you, Billy Cundiff. The Baltimore Ravens kicker shanked a 32-yard field goal with 11 seconds left and the Patriots escaped with a 23-20 victory in the AFC championship game on Sunday.

Usually, vintage Brady doesn't need much assistance in championship settings, but the Patriots'



much-maligned defence came through, and Brady's one-yard touchdown dive with 11:29 left proved to be

the winning points.

"Well, I sucked pretty bad today, but our defence saved us," Brady said after throwing for 239 yards, with two interceptions and, for the first time in 36 games, no TD passes. "I'm going to try to go out and do a better job in a couple of weeks, but I'm proud of this team, my teammates."

Brady waited out the final tense minutes on the sideline, and then celebrated with the rest of his team

when Cundiff's attempt went wide left. The Ravens looked on in horror.

Next up as the Patriots (15-3) chase their fourth Super Bowl trophy in Brady's and coach Bill Belichick's tenure in New England is the winner of Sunday's NFC championship game between the Giants and 49ers. The Super Bowl is Feb. 5 in Indianapolis.

In their last trip to the big game, the Patriots had an 18-0 record when they

were stunned by the Giants four years ago. They won the NFL championship for the 2001, 2003 and 2004 seasons. This time, they head to the Super Bowl with a 10-game winning streak.

"We're going to try to go out and kick some butt in a couple of weeks," said Brady, whose fifth trip to the Super Bowl will equal John Elway's achievement with Denver.

THE ASSOCIATED PRESS

Raptors lose eighth game in a row

After Mo Williams' big fourth quarter helped the Los Angeles Clippers send the Toronto Raptors to their eighth straight loss, he preferred to share the credit with his teammates.

"I didn't do it by myself. I mean, let's get that straight," Williams said after scoring his team's first 17 points of the fourth quarter, finishing with 26 in the Clippers' 103-91 victory on Sunday.

Williams went to work in the fourth and helped



Los Angeles open up a 93-73 lead with 7:22 remaining after Toronto trimmed a 22-point deficit to 13 on Leandro Barbosa's three-pointer

with 8:25 to play.

Blake Griffin had 18 points and nine rebounds for the Clippers. DeAndre Jordan had 16 points and 16 rebounds and Chauncey Billups had 14 assists.

Caron Butler finished with 15 points.

Barbosa scored 19 points and Linas Kleiza added 16 off the bench for the Raptors, who began a five-game road trip by missing their first 15 shots and were 35.8 per cent from the field overall.

DeMar DeRozan had 15 points and grabbed eight rebounds.

"Another loss — and the way we lost is definitely frustrating," DeRozan said. "We dug ourselves our own hole. We tried to fight back, but teams are too good in this league to allow that. Teams are going out there and jumping on our team. No one likes to take a loss, so we need to act like it from the start."

The Clippers never trailed. It took just 15 sec-

onds after the opening tip for Griffin to slam home Randy Foye's alley-oop lob to start a 22-6 run.

Our starts have been horrendous," Toronto coach Dwane Casey said. "We compete harder in practice than we do to start the games. That is nothing against the Clippers. They've got a very solid basketball team, and they are going to be in the money at the end of the day."

THE ASSOCIATED PRESS

4

sports

Senators preview

Senators
at Los Angeles
10:30 p.m.
TV: SNET



The Senators (27-17-6) continue their road trip in Los Angeles (23-16-10). The Kings fell 3-1 to Colorado on Saturday, only their second regulation loss in 16 games since Darryl Sutter became head coach. Anze Kopitar scored Los Angeles' only goal in the game. He leads the team with 15 goals and 44 points. Jonathan Quick has a 1.60 goals-against average and .940 save percentage in nine starts this month. Justin Williams is on a seven-game point streak, with three goals and six assists in that span.

THE CANADIAN PRESS



Scan code for
more sports.

Another sad day in Happy Valley

► Ex-Penn State coach Paterno dies of cancer at 85, months after his legend was shattered in sex-abuse scandal

Happy Valley was perfect for Joe Paterno, a place where he not only won more football games than any other major U.S. college coach, but won them the right way: With integrity and sportsmanship. A place where character came first, championships second.

Behind it all, however, was an ugly secret that ran counter to everything the coach stood for.

Paterno, a sainted figure at Penn State, but scarred forever by the child sex-abuse scandal that led to his stunning dismissal, died in State College, Pa., Sunday at age 85.

His death came 65 days after his son Scott said his father had been diagnosed with a treatable form of lung cancer. The cancer was found during a follow-up visit for a bronchial illness.

Mount Nittany Medical Center said in a statement that Paterno died at 9:25 a.m. of "metastatic small cell carcinoma of the lung." Metastatic indicates an illness that has spread from one part of the body to an unrelated area.

The hospital says Pater-

no was surrounded by family members.

Paterno had been in the hospital since Jan. 13 for observation after what his family called minor complications from his cancer treatments. Not long before that, he conducted his only interview since losing his job, with The Washington Post. Paterno was described as frail, speaking mostly in a whisper. The second half of the two-day interview was conducted bedside.

His family released a statement Sunday morning to announce his death: "His loss leaves a void in our lives that will never be filled."

"He fought hard until the end, stayed positive, thought only of others and constantly reminded everyone of how blessed his life had been," the statement said. "His ambitions were far reaching, but he never believed he had to leave this Happy Valley to achieve them. He was a man devoted to his family, his university, his players and his community."

Paterno's death came just under three months

following his last victory.

Two police officers were stationed to block traffic on the street where Paterno's home stands. The officers said the family had asked there be no gathering so Paterno's relatives could grieve privately.

Paterno's sons, Scott and Jay, arrived at the house late Sunday morning. Jay Paterno, who served as his father's quarterbacks coach, was crying.

Paterno built a program based on the credo of "Success with Honor." The man won 409 games and took the Nittany Lions to 37 bowl games and two national

championships. More than 250 of his players went on to the NFL.

Paterno roamed the sidelines for 46 seasons and insisted that on-field success not come at the expense of high graduation rates.

But in the mid-

dle of his 46th season, the legend was shattered. Paterno was engulfed in a child sex-abuse scandal when a former trusted assistant, Jerry Sandusky, was accused of molesting 10 boys over a 15-year span.

Outrage built quickly when the state's top cop said the coach hadn't fulfilled a moral obligation to go to the authorities when a graduate assistant, Mike McQueary, told Paterno he saw Sandusky with a young boy in the showers of the football complex in 2002.

At a preliminary hearing for school officials, McQueary testified that he had seen Sandusky attacking the child with his hands around the boy's waist but said he wasn't 100 per cent sure it was

intercourse. McQueary described Paterno as shocked and saddened and said the coach told him he had "done the right thing" by reporting the encounter.

Paterno waited a day before alerting school officials and never went to police.

"You know, (McQueary) didn't want to get specific," Paterno said in the Post interview. "And to be frank with you I don't know that it would have done any good, because I never heard of, of, rape and a man. So I just did what I thought was best."

Paterno said he would retire following the 2011 season, calling it "one of the great sorrows of my life."

But university trustees fired Paterno immediately. Graham Spanier, one of the longest-serving university presidents in the nation, also was fired.

Paterno and his wife, Sue, raised five children in State College.

He walked to home games and was greeted and wished good luck by fans on the street.

He also could be abrasive and stubborn, and he had his share of run-ins with his bosses or administrators.

Calls for his retirement reached a crescendo in 2004. The next year, Penn State went 11-1 and won the Big Ten. In the Orange Bowl, PSU beat Florida State, whose coach, Bobby Bowden, was eased out after the 2009 season after 34 years and 389 wins.

Like many others, he was outlasted by Paterno.

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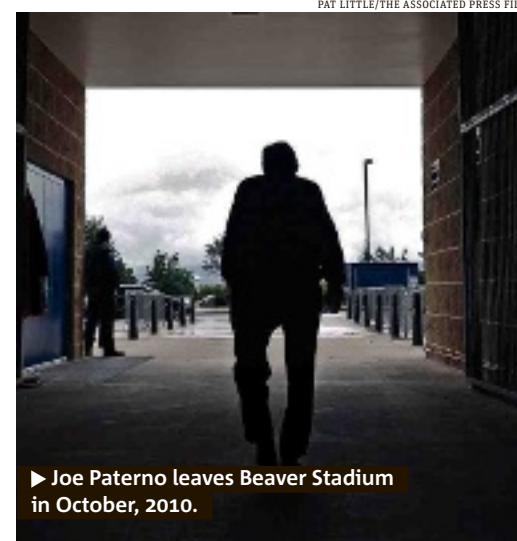
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	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Boston	46	31	13	1	1	168	96	64	16-7-1-1	15-6-0-0	6-3-1-0	W1
d-NY Rangers	46	30	12	1	3	129	96	64	14-5-0-2	16-7-1-1	7-3-0-0	W1
d-Florida	47	22	15	5	5	120	133	54	11-5-1-5	11-10-4-0	3-3-3-1	W1
Philadelphia	47	28	14	2	3	159	140	61	11-7-1-2	17-7-1-1	6-3-0-1	L1
Ottawa	50	27	17	4	2	154	153	60	14-9-0-1	13-8-4-1	7-2-1-0	L1
Pittsburgh	48	27	17	2	2	149	125	58	14-8-2-0	13-9-0-2	6-4-0-0	W6
New Jersey	47	26	19	1	1	128	134	54	12-9-0-1	14-10-1-0	5-4-1-0	L2
Washington	47	25	19	1	2	131	134	53	17-6-0-1	8-13-1-1	5-4-1-0	L2
Toronto	47	23	19	3	2	144	144	51	13-8-2-2	10-11-1-0	5-5-0-0	L1
Winnipeg	48	22	20	3	3	123	138	50	15-8-0-2	7-12-3-1	3-6-0-1	L1
Montreal	48	18	21	2	7	123	132	45	8-10-2-4	10-12-0-2	5-3-0-2	W1
NY Islanders	46	19	21	4	2	112	136	44	11-11-3-0	8-10-1-2	6-4-0-0	W3
Tampa Bay	47	20	23	1	3	132	163	44	12-7-0-1	8-16-1-2	4-5-0-1	W3
Buffalo	48	19	24	3	2	117	148	43	11-9-3-2	8-15-0-0	2-7-1-0	L5
Carolina	50	17	24	5	4	128	158	43	12-11-0-3	5-13-5-1	4-3-1-2	L1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	48	32	15	1	0	155	109	65	19-2-1-0	13-13-0-0	9-1-0-0	W6
d-Vancouver	48	29	15	0	4	155	120	62	13-6-0-3	16-9-0-1	5-3-0-2	W1
d-San Jose	45	26	14	3	2	129	108	57	15-8-2-0	11-6-1-2	5-3-1-1	L2
St. Louis	47	29	12	1	5	121	96	64	21-3-1-2	8-9-0-3	8-1-1-0	W4
Chicago	49	29	14	3	3	161	141	64	19-5-1-3	10-9-2-0	5-3-2-0	L1
Nashville	48	28	16	3	1	133	125	60	15-7-2-1	13-9-1-0	8-2-0-0	W2
Los Angeles	49	23	16	4	6	107	110	56	13-11-0-4	10-5-4-2	4-2-1-3	L2
Colorado	49	26	21	2	0	127	138	54	14-11-0-0	12-10-2-0	6-3-1-0	W2
Minnesota	48	23	18	2	5	112	124	53	13-6-1-2	10-12-1-3	3-6-0-1	W1
Calgary	49	23	20	3	3	120	136	52	13-6-1-1	10-14-2-2	5-3-1-1	W2
Dallas	47	24	21	0	2	125	136	50	13-9-0-2	11-12-0-0	3-6-0-1	L5
Phoenix	49	21	20	3	5	127	132	50	9-9-2-2	12-11-1-3	2-5-1-2	L3
Anaheim	46	17	22	3	4	121	141	41	12-12-1-0	5-10-2-4	7-2-1-0	W4
Edmonton	47	17	26	1	3	118	138	38	11-8-1-2	6-18-0-1	2-7-1-0	L3
Columbus	47	13	28	1	5	112	155	32	8-13-1-2	5-15-0-3	3-6-0-1	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results

Boston 6 Philadelphia 5 (SO)
Pittsburgh 4 Washington 3 (OT)
Colorado at Anaheim

Saturday's results

Calgary 6 Edmonton 2
Montreal 3 Toronto 1
Vancouver 4 San Jose 3
Anaheim 2 Ottawa 1
Florida 4 Winnipeg 3 (SO)
Colorado 3 Los Angeles 1
Detroit 3 Columbus 2 (SO)
Minnesota 5 Dallas 2
Nashville 5 Chicago 2
N.Y. Islanders 2 Carolina 1 (OT)
N.Y. Rangers 3 Boston 2 (OT)
Philadelphia 4 New Jersey 1
St. Louis 4 Buffalo 2
Tampa Bay 4 Phoenix 3

SATURDAY

CANUCKS 4, SHARKS 3

First Period

1. Vancouver, Booth 7 (Edler, Higgins) 1:06
2. San Jose, Couture 19 (Desjardins) 15:54 (sh)
Penalties — San Jose Bench (too many men; served by McGinn) 14:45, D.Sedin Vcr (tripping) 19:37.

Second Period

3. San Jose, Couture 20 (Thornton, Pavelski) 1:05 (pp)
4. Vancouver, Hodgson 12 (Raymond, Rome) 4:29
Penalties — McGinn SJ (high-sticking) 5:34, Pavelski SJ (tripping) 11:24, Pavelski SJ, Ballard Vcr (fighting) 19:53.

Third Period

5. Vancouver, Kesler 13 (Booth) 14:11
6. San Jose, Boyle 4 (Pavelski, Desjardins) 14:47
7. Vancouver, Hodgson 13 (Raymond) 15:43
Penalty — Ferriero SJ (hooking) 2:57.

Tonight's games

All Times Eastern

N.Y. Islanders at Toronto, 7 p.m.
Winnipeg at Carolina, 7 p.m.
St. Louis at Detroit, 7:30 p.m.
Columbus at Nashville, 8 p.m.
San Jose at Edmonton, 9:30 p.m.
Ottawa at Los Angeles, 10:30 p.m.
Tomorrow's games
Buffalo at New Jersey, 7 p.m.
Toronto at N.Y. Islanders, 7 p.m.
Winnipeg at N.Y. Rangers, 7 p.m.
Boston at Washington, 7 p.m.
Columbus at Tampa Bay, 7:30 p.m.
Philadelphia at Florida, 7:30 p.m.
Pittsburgh at St. Louis, 8 p.m.
Nashville at Chicago, 8:30 p.m.
Anaheim at Dallas, 8:30 p.m.
Minnesota at Colorado, 9 p.m.
San Jose at Calgary, 9 p.m.
Ottawa at Phoenix, 9 p.m.
Edmonton at Vancouver, 10 p.m.

Shots

San Jose 5
Vancouver 8

12 10 8 26
30

Goal — San Jose: Niemi (L,20-10-5); Vancouver: Luongo (W,19-10-4). **Power plays (goals-chances)** — San Jose: 1-1; Vancouver: 0-4.
Referees — Brad Meier, Mike Leggo. **Linesmen** — Shane Hoyer, Jay Sharrers.

Attendance — 18,860 (18,860) at Vancouver.

DUCKS 2, SENATORS 1

First Period

No Scoring.
Penalties — Koivu Ana (hooking) 1:21, Smith Ott (holding) 7:06, Lydman Ana (roughing) 11:53.

Second Period

1. Anaheim, Perry 22 (Ryan, Getzlaf) 6:15
2. Anaheim, Visnovsky 5 (Hagman, Koivu) 17:00
Penalty — Michalek Ott (closing hand on puck) 10:25.

Third Period

3. Ottawa, Neil 8 (Foligno, Karlsson) 8:51
Penalty — Condra Ott (tripping) 14:57.

Shots

Ottawa 9
Anaheim 10

10 13 32
11 8 29

Goal — Ottawa: Anderson (L,25-14-4); Anaheim: Hiller (W,14-17-7). **Power plays (goals-chances)** — Ottawa: 0-2; Anaheim: 0-3.

Referees — Dan O'Rourke, Greg Kimmerly. **Linesmen** — Steve Miller, Anthony Sericolo. **Att.** — 15,500 (17,174) at Anaheim, Calif.

CANADIENS 3, MAPLE LEAFS 1

First Period

1. Montreal, Bourque 14 (Plekaneć, Cole) 18:26
2. Toronto, Lombardi 4 (Bozak) 18:55
Penalty — Subban Mtl (roughing) 7:50.

Second Period

No Scoring.
Penalties — MacArthur Tor (hooking) 6:43, Komisarek Tor (slashing) 17:45.

Third Period

3. Montreal, Diaz 3 (Gomez) 3:29
4. Montreal, Eller 10 (Moen, Kostitsyn) 11:25
Penalties — Gill Mtl (tripping) 7:56, Kadri Tor (goaltender interference) 12:23, Kaberle Mtl (tripping) 18:18.

Shots

Montreal 8
Toronto 10

9 6 23
12 11 33

Goal — Montreal: Price (W,16-17-8); Toronto: Gustavsson (L,14-10-0). **Power plays (goals-chances)** — Montreal: 0-3; Toronto: 0-3.
Referees — Marc Joannette, Kyle Rehman. **Linesmen** — Mark Shewchyk, Pierre Champoux. **Attendance** — 19,643 (18,819) at Toronto.

NFL PLAYOFFS

CONFERENCE CHAMPIONSHIPS

Yesterday's results

AFC — New England 23 Baltimore 20

NFC — N.Y. Giants (11-7) at San Francisco (14-3)

TENNIS

AUSTRALIAN OPEN

At Melbourne, Australia

SUNDAY

MEN

Singles — Fourth Round

Rafael Nadal (2), Spain, def. Feliciano Lopez (18), Spain, 6-4, 6-4, 6-2.
Roger Federer (3), Switzerland, def. Bernard Tomic, Australia, 6-4, 6-2, 6-2.
Tomas Berdych (7), Czech Republic, def. Nicolas Almagro (10), Spain, 4-6, 7-6 (5), 7-6 (3), 7-6 (2).

Juan Martin del Potro (11), Argentina, def. Philipp Kohlschreiber, Germany, 6-4, 6-2, 6-1.

Doubles — Third Round

Bob and Mike Bryan (1), U.S., def. Colin Fleming and Ross Hutchins (15), Britain, 6-4, 0-6, 6-2.
Max Mirnyi, Belarus, and **Daniel Nestor (2)**, Toronto, def. Daniele Bracciali and Potito Starace, Italy, 7-6 (7), 6-2.
Leander Paes, India, and Radek Stepanek, Czech Republic, def. Michael Llodra, France, and Nenad Zimonjic (3), Serbia, 7-5, 7-6 (2).
Scott Lipsky and Rajeev Ram (13), U.S., def. Mahesh Bhupathi and Rohan Bopanna (4), India, 7-6 (6), 6-2.

WOMEN

Singles — Fourth Round

Caroline Wozniacki (1), Denmark, def. Jelena Jankovic (13), Serbia, 6-0, 7-5.
Victoria Azarenka (3), Belarus, def. Iveta Benesova, Czech Republic, 6-2, 6-2.
Kim Clijsters (11), Belgium, def. Li Na (5), China, 4-6, 7-6 (6), 6-4.
Agnieszka Radwanska (8), Poland, def. Julia Georges (22), Germany, 6-1, 6-1.

Doubles — Third Round

Liesel Huber and Lisa Raymond (2), U.S., def. Andreja Klepac, Slovenia, and Alicja Rosolska, Poland, 6-2, 6-1.

SOCCER

ENGLAND

PREMIER LEAGUE

Yesterday's results

Arsenal 1 Manchester United 2
Manchester City 3 Tottenham 2

SPAIN

LA LIGA

Yesterday's results

Levante 0 Zaragoza 0
Malaga 1 Barcelona 4
Osasuna 1 Valencia 1
Rayo Vallecano 0 Mallorca 1
Real Madrid 4 Athletic Bilbao 1

GOLF

PGA HUMANA CHALLENGE

At La Quinta, Calif.

Par 72 — Final Round

Mark Wilson 66-62-67—195
Zach Johnson 68-65-65—198
Robert Garrigus 73-64-61—198
Ben Crane 65-63-70—198
Brandt Snedeker 64-68-66—198
John Mallinger 67-65-68—200
David Toms 63-65-72—200
Johnson Wagner 68-67-66—201
Steve Marino 65-68-68—201
John Senden 69-64-68—201

Also

Stephen Ames 66-67-70—203

Missed The Cut

David Hearn 68-69-76—213

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Chicago	15	3	.833	—
d-Orlando	11	4	.733	2½
Indiana	10	4	.714	3
d-Philadelphia	11	5	.688	3
Atlanta	12	5	.706	2½
Miami	11	5	.688	3
Milwaukee	6	9	.400	7½
Boston	6	9	.400	7½
Cleveland	6	9	.400	7½
New York	6	10	.375	8
New Jersey	5	12	.294	9½
Detroit	4	13	.235	10½
Toronto	4	13	.235	10½
Charlotte	3	14	.176	11½
Washington	2	14	.125	12

d-division leaders ranked in top four positions.

Yesterday's results

Boston 100 Washington 94
L.A. Clippers 103 Toronto 91
New Jersey 97 Charlotte 87
Milwaukee 91 Miami 82
Indiana at L.A. Lakers

Saturday's results

Atlanta 121 Cleveland 94
Detroit 94 Portland 91
Miami 113 Philadelphia 92
Denver 119 New York 114,20T
Chicago 95 Charlotte 89
Houston 105 San Antonio 102
Dallas 83 New Orleans 81
Memphis 128 Sacramento 95
Oklahoma City 84 New Jersey 74
Utah 108 Minnesota 98

WESTERN CONFERENCE

	W	L	Pct	GB
d-Oklahoma City	13	3	.813	—
Denver	12	5	.706	1½
Utah	10	5	.667	2½
d-L.A. Clippers	9	5	.643	3
d-Memphis	9	6	.600	3½
L.A. Lakers	10	7	.588	3½
San Antonio	10	7	.588	3½
Dallas	10	7	.588	3½
Houston	9	7	.563	4
Portland	9	7	.563	4
Minnesota	7	9	.438	6
Phoenix	6	9	.400	6½
Sacramento	6	11	.353	7½
Golden State	5	10	.333	7½
New Orleans	3	13	.188	10

Tonight's games

All Times Eastern

Washington at Philadelphia, 7 p.m.
Orlando at Boston, 7:30 p.m.
New Jersey at Chicago, 8 p.m.
Detroit at Oklahoma City, 8 p.m.
San Antonio at New Orleans, 8 p.m.
Houston at Minnesota, 8 p.m.
Atlanta at Milwaukee, 8 p.m.
Phoenix at Dallas, 8:30 p.m.
Sacramento at Portland, 10 p.m.
Memphis at Golden State, 10:30 p.m.
Tomorrow's games
New York at Charlotte, 7 p.m.
Orlando at Indiana, 7 p.m.
Cleveland at Miami, 7:30 p.m.
Toronto at Phoenix, 9 p.m.
Memphis at Portland, 10 p.m.

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Chan wins his fifth title in record style

► Skater tops 300 points, soaring past his world record of 280.98 ► Score at Canadian event won't count

Patrick Chan smiled and stuck up three fingers when his score was posted — a small gesture for a mammoth accomplishment.

The 21-year-old from Toronto demolished his previous world scoring mark Sunday and broke

the 300-point barrier to claim his fifth Canadian senior men's figure skating title.

"I made the 300 club," Chan said with a laugh after finishing with 302.14 overall points. "I'm the only one, though. I'm a loner."

Chan produced one of the finest skates of his career, scoring 200.81 points for a free program that included two huge quadruple jumps and had the crowd at the Moncton Coliseum on its feet a full 30 seconds before his four-and-a-half minute

program came to an end.

His score won't count as a world record as the Canadian championships are a domestic event. His 280.98 points at world championships last April in Moscow will remain the official world mark.

And Chan knows there

will be critics who will question the high marks received on home turf.

"There are for sure people that are going to say that, but you can't really do anything about it," Chan said. "I'm not going to let people ruin my fun. And it's not just

for me, it's fun for the audience and the other skaters."

Kevin Reynolds of Coquitlam, B.C., finished well back in second with 239.44 points, while Vancouver's Jeremy Ten was third with 207.50.

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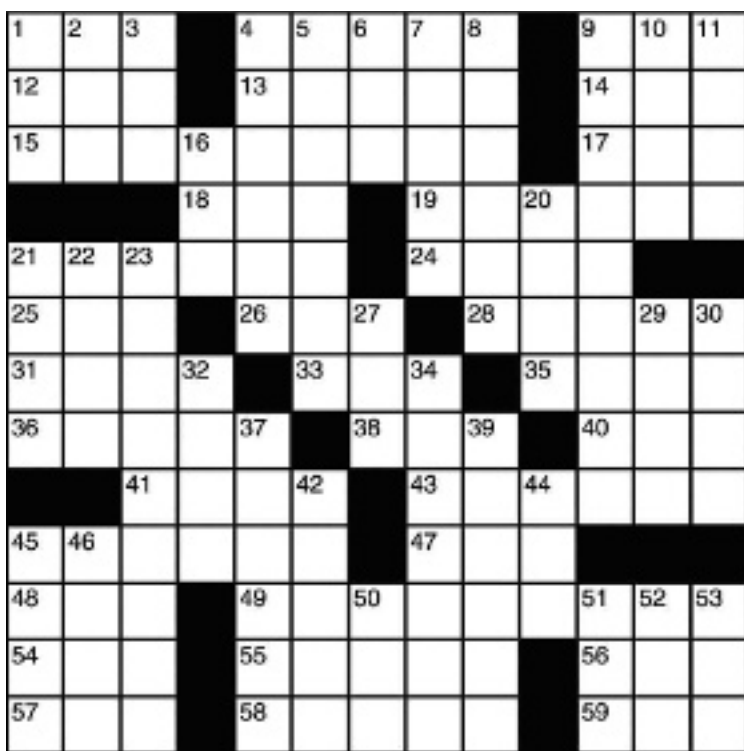
Crossword

Across

- 1 Fire residue
- 4 Tempresses
- 9 Swabbie's tool
- 12 Eisenhower nickname
- 13 Approximately
- 14 Flightless bird
- 15 Causing unhappiness
- 17 Lair
- 18 Architect Maya —
- 19 Broken-arm aid
- 21 With "out," depressed
- 24 Grand tale
- 25 Historic time
- 26 Pooch
- 28 Obliterate
- 31 Body powder
- 33 Pinch
- 35 Sleeping
- 36 Apportion
- 38 Beak
- 40 Floral neckwear
- 41 Poet Pound
- 43 Victoria's prince
- 45 Game participant
- 47 Automobile
- 48 High-arc throw
- 49 Worth noting
- 54 Right angle
- 55 Reserved
- 56 Zodiac cat
- 57 Beerlike brew
- 58 Hierarchy levels
- 59 Two fives

Down

- 1 Pick a target
- 2 Tackle the slopes
- 3 Cock and bull?
- 4 Miscellaneous
- 5 Desert



- 6 Unruly group
- 7 Throb
- 8 Treeless tract
- 9 Having a remedy
- 10 Portent
- 11 Fourth down option
- 16 Shade provider
- 20 Old Italian money
- 21 Alpha follower
- 22 Caspian feeder
- 23 Up for modification
- 27 Card table call
- 29 Prophet
- 30 Redact
- 32 Snug and warm
- 34 NBC bird
- 37 Quake
- 39 Trumpet noises
- 42 Sports venue
- 44 Lingerie item
- 45 Entreaty
- 46 Lounge around
- 50 60 sec.
- 51 Sandwich, for short
- 52 Shelter
- 53 A billion years

► Friday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ►

5	2	3	1	7	9	6	8	4
4	1	7	3	8	6	5	2	9
8	6	9	4	5	2	3	7	1
1	8	5	7	6	3	4	9	2
2	9	6	5	4	8	1	3	7
7	3	4	2	9	1	8	5	6
6	4	8	9	3	7	2	1	5
9	5	1	8	2	4	7	6	3
3	7	2	6	1	5	9	4	8

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

*Don't trust
Especially, when, person
gives something endangering
a person's health!
Wrath's a coming your
way! Buddy!*
FROM ANYONE

*dream
Pipe smoker, smoke your
dreams, exhaled your future!
Single and free with
all space required. Find
someone with future?
What does that mean?
Why, is your future that
bleak. Mine, too busy for
relationship. Site hilarious!*
FROM DREAMER

*You
We live in the same city?
One bus, from your house
to mine? How difficult is
that? Is it okay to tell ur
address??*
FROM ME

Today's horoscope

- ♈ Aries** March 21-April 20
The more you focus on a problem the more of a problem it will become, so pull your mind away from it and concentrate on something positive.
- ♉ Taurus** April 21-May 21
You should be aiming in some way to improve yourself today.
- ♊ Gemini** May 22-June 21
Try taking a more laid-back approach to your problems. Try looking at the bright side instead of the dark.
- ♋ Cancer** June 22-July 22
Someone with whom you have dealings of a business nature may

- try to cheat you today.
- ♌ Leo** July 23-Aug. 23
You might as well give up trying to have your way and let partners and colleagues call the shots.
- ♍ Virgo** Aug. 24-Sept. 22
If others don't approve of your methods that's too bad: more than likely it will encourage you to use them even more (you can be perverse like that at times).
- ♎ Libra** Sept. 23-Oct. 23
This is potentially one of the best days (and weeks) of the year for you.
- ♏ Scorpio** Oct. 24-Nov. 22
You may have to force yourself to be positive about what you are ex-

- For today's crossword answers and for expanded horoscopes, go to metronews.ca
- ♐ Sagittarius** Nov. 23-Dec. 21
Go out into the world and have as much fun as possible.
- ♑ Capricorn** Dec. 22-Jan. 20
Family problems and money issues may be getting you down but the planets suggest there are better days ahead and it won't be long before they arrive.
- ♒ Aquarius** Jan. 21-Feb. 18
You are in the right place and the right frame of mind to make a new beginning of some sort.
- ♓ Pisces** Feb. 19-March 20
You may have your doubts about a joint project of some kind but don't let them show. **● SALLY BROMPTON**

Caption contest



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.

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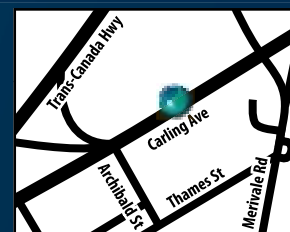
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